



## NEURODIVERSITY PARENT HUB

*A safe space where parent carers can connect, share feedback and access support for their families*

# SLEEP WORKSHOP

*For parent carers of Solent Infant and Junior Schools*

**Does your child have difficulties with sleep?**

**Come and find out what support is available  
in the city and how you can access it.**



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**Wednesday**  
**11 FEB**  
**2026**  
**1.15pm-2.45pm**

**Solent Infant School**  
**Eveleigh Road,**  
**Farlington, Portsmouth**  
**PO6 1DH**

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*Enquiries*

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