



## NEURODIVERSITY PARENT HUB

A safe space where parent carers can connect, share feedback and access support for their families

# SLEEP WORKSHOP

*For parent carers of Solent Infant and Junior Schools*

**Does your child have difficulties with sleep?**

**Come and find out what support is available  
in the city and how you can access it.**

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Wednesday  
**11 FEB  
2026**  
1.15pm-2.45pm

**Solent Infant School  
Eveleigh Road,  
Farlington, Portsmouth  
PO6 1DH**

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*Enquiries*

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